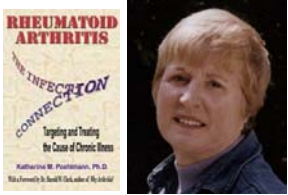
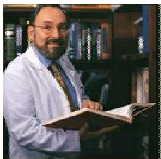


A free community health program
from Riverside Public Library

Fight Arthritis/ Chronic Pain and Win!



Katherine Poehlmann, PhD will present her book, *Rheumatoid Arthritis: The Infection Connection*.



With special guest **Dr. A. Robert Franco**, director of the Arthritis Center of Riverside.

This is a free program for people who suffer from arthritis and/or chronic pain, or for active people who want to prevent this type of illness.

Friday 12 December 3:00 pm

Main Library 3581 Mission Inn Avenue




FREE BUS TRANSPORTATION

The City of Riverside’s Department of Special Transportation will pick up and return those wishing to attend this presentation from the following locations:

Dale’s Senior Center
at 3936 Chestnut Street
Janet Goeske Senior Center
at 5257 Sierra Avenue

Pickup will be at 2:00 pm
Return at 5:00 pm

December 2003

S	M	T	W	T	F	S
	1	Holiday Crafts for Teens (ages 12 and up) Main 6—7 pm Teen League Casa Blanca 6 pm	2	Holiday Bingo 3:30 pm	3	Games Day Main 3:45 pm
	After-school Tutoring program Casa Blanca 3:00—5:00 pm					
	Make-it and Take-it Craft Week Main					
	Games Galore after school La Sierra 3:00—5:00 pm					
7	8	9	10	11	12	13
1st Sundays Peace on Earth Main Plaza Crafts 1 — 4 pm Stories 2 & 3 pm			Holiday Wreath Arlington 3:30 pm	Make Gingerbread Houses! (for ages 4 and older; call 826-5369 to sign up) Main 3:45 pm	Fight Arthritis/Chronic Pain and Win! (◀ see sidebar) Main 3:00 pm	
		Make-it and Take-it Craft Week La Sierra				
14	15	16	17	18	19	20
	Print Shop Activity Casa Blanca 6:00 pm	Cookie Decorating La Sierra 3:30—4:30 pm Teen League Holiday Party Casa Blanca 4 pm	Teddy Bear Tea Main 10:30 am Holiday Program & Cookie Decoration Arlington 3:30 pm Print Shop Activity Casa Blanca 6 pm	Holiday Fun: Stories & Sweets Main 3:45 pm	 The Rodalla Ensemble Main 3:00 pm	
		Make-it-and-Take-it Craft Week Marcy				
21	22	23	24	25	26	27
			Holiday Handouts Arlington 3:30 ALL LIBRARIES CLOSE AT 5:00 PM	 All Libraries Closed Christmas Day		
		Coloring Page Craze Days La Sierra				
28	29	30	31	1		
			Games Arlington 3:30 pm ALL LIBRARIES CLOSE AT 5:00 PM	New Year's Day All Libraries Closed 		

Storytimes

Monday: Preschool *Marcy* 10:30 am
Tuesday: Toddler *La Sierra* 10:00 am & Preschool 11:00 am *
Wednesday: Toddler *Main* 10:00 am & Preschool 11:00 am
Preschool *Casa Blanca* 11:00 am
Thursday: Preschool *Arlington* 11:00 am
Pajama Party Storytime *Casa Blanca* 6:30 pm



Hear the story of the Wisdom Bird & other tales for the season of peace. Make a crown of birds to take home!

On the Main Library Plaza
Crafts: 1:00 pm — 4:00 pm
Storytelling by Karen Rae Kraut: 2:00 pm & 3:00 pm
Storytelling in American Sign Language: 2:30 pm

*one holiday storytime for toddlers and preschoolers on December 16th at 11:00 am. No storytime on December 23rd or 30th.